

DMCH COLLEGE OF NURSING
ANNUAL ACADEMIC REPORT FROM JANUARY TO DECEMBER- 2022

Department : DMCH, College Of Nursing

1. Conferences/ workshops attended

- Ms. Jasleen Kaur Brar Won third prize in best poster presentation on 'Prevalence and pattern of tobacco use among children and adolescents of slum areas' at International Virtual Conference on Behavioural addiction and Substance use disorders: Current Nursing Practices organized by the Nursing Division, Govt. of India, in collaboration with LGBRIMH, Tezpur, Arizona Indian Nurses association, USA, Johns-Hopkins School of Nursing, Baltimore, USA, Geetanjali University, Udaipur, RAK College of Nursing, Delhi University and ECHO-India on 28-29 Jan 2022.
- Mrs. Anoopjit Kaur attended National workshop on "Values In Health Care-A Scientific Spiritual Approach" organized by AIIMS on 21st - 22nd January 2022.
- Prof. Nidhi Sagar, Mrs. Savita, Mrs. Mamta, Mrs. Neha Singla Mrs. Sumeet Jassal and Mrs. Navdeep Kaur Attended one day virtual workshop on Neonatal Resuscitation org. by TNAI & SKSS CON, Ldh. on 15th Feb 2022.
- Dr. (Mrs.) Triza Jiwan was invited as a chairperson in the 1st National E- conference of SOMI (Society of Midwives India). Chandigarh chapter organized by UCON, Faridkot on 29th & 30th March 2022 with theme "Respectful Maternity Care".
- 2 days 1st National E- conference of SOMI (Society of Midwives India). Chandigarh chapter organized by UCON, Faridkot on 29th & 30th March 2022 with theme "Respectful Maternity Care". Prof. Nidhi Sagar, Prof .Sandeep Kaur, Associate Prof. Mrs. Meenakshi, Associate Prof. Mrs. Mamta, Associate Prof. Mrs. Amninder Kaur, Assistant Prof. Mrs. Savita, Assistant Prof. Mrs. Neha, Nsg Tutor Ms. Simranpal and M.Sc (N) Students (OBG Specialty) attended this e-conference.
- Prof. Nidhi Sagar, Vice Principal acted as Resource person in 1st National E –conference of SOMI – Chd. chapter organized by UCON, Faridkot on 29th March 2022 and topic presented was "Obstetric Violence".
- 2nd National Conference of SPHERE on theme COVID 19 AND BEYOND OPPORTUNITIES & CHALLENGES AHEAD was attended by Prof. Nidhi Sagar, Prof. Mrs. Sandeep Kaur along with Associate Prof. Mrs. Meenakshi, Associate Prof. Mrs. Amninder Kaur held from 25th Feb 2022 to 27th Feb 2022 at Kusha Bahu Thakre Nursing College and Hospital, Bhopal.
- Prof. Mrs. Sandeep Kaur judged scientific research paper presentation of SPHERE. Associate Prof. Mrs. Meenakshi presented research paper presentation on topic "Myths and Perception regarding COVID-19 among adults in urban area of Ludhiana".
- Online CNE for CHO's organized by SPHERE from 21st March to 23rd March 2022 Under theme- Community Health Officer Roles and Responsibilities was attended by Prof. Sandeep Kaur, Associate Prof. Mrs Meenakshi and Associate Prof. Mrs Amninder Kaur, Senior Nursing tutor Mrs. Rinky Masih and Prof. Mrs. Sandeep Kaur chaired a session on question answers.
- Assistant Prof. Ms. Jasleen Kaur and Mrs. Anureet Kaur Nsg Tutor attended CNE on "Preparing for the Mental Health Needs of older adults "Organized by College of Nursing, NIMHANS In collaboration with Geriatric Psychiatry Unit, Department of Psychiatry, NIMHANS MOH & FW and ECHO on 21st March 2022.

	<ul style="list-style-type: none"> • 1st National E conference of Society of midwives India, SOMI (Society of Midwives India) MP Chapter was attended by Associate Professor Mrs Mamta. It was organized by AIIMS, Bhopal under theme-Synergizing Compassion in Maternal & Newborn Care on 8th & 9th March 2022. • Prof. Nidhi Sagar attended MIDCON '2022 (Virtual Midwifery Confress) on "ICM Essential competencies for Midwifery Practice: Indian Perspectives" organized by AIIMS, CON, Jodhpur" on 26th & 27th April '2022. • Anoopjit Kaur attended ECHO Faculty development program in Short term course in faculty nursing organized by AIIMS on 20-21 April 2022. • Ms. Simranpal Kaur attended 5 days "Skill Standardization and Simulation Training for Midwifery Faculty "conducted at the National Reference Simulation Centre in SGT University, Gurugram from 18.04.2022 to 22.04.2022 sponsored by Indian Nursing Council. • Mrs. Shailza Sharma (Associate Prof.), Ms Jasleen K Brar (Assistant Prof), Mrs. Monika Stephen (Nsg Tutor) Attended National level Workshop on FORENSIC PSYCHIATRY organised by Department of Nursing Chitkara University in collaboration with Indian Society of Psychiatric Nurses (ISPN) on 17-18th May 2022. • Prof. Nidhi Sagar, Vice Principal was invited as Guest speaker in workshop on post partum IUCD organized by SGRD vallah in coordination with TNAI Punjab state on 23rd July 2022. • Prof. Nidhi Sagar, Vice Principal and Prof. Sandeep Kaur were invited as Guest speaker in 38th National conference of Sexology and JAWS 2022 at Hotel Park, New Delhi on 5th & 6th August 2022. • Prof. Nidhi Sagar Attended online National Conclave on "Respectful maternal Care" on 18 August 2022. Organized by College of Nursing, AIIMS, New Delhi, MMU College of Nursing Ambala & NINE PGIMER Chandigarh. • M.Sc(N) 1st Year students along with Mrs. Sandeep kaur, Professor and Mrs. Bindu k Professor attended a workshop on Quantitative Data Analysis in a workshop on Research Methods organized by society of Public Health Education research and Empowerment (SPHERE) on 18th September 2022 at Jaipur Rajasthan.
<p>2. Conferences/ Seminars/ workshops organized</p>	<ul style="list-style-type: none"> • Under the able guidance of Principal Dr. (Mrs.) Triza Jiwan and Prof. Bindu K a virtual seminar was organized and Conducted on World cancer Day for M.Sc (N) 1st Yr (Medical Surgical Nsg) and B.Sc (N) 3rd Yr on 04th Feb 2022 by Medical Surgical Nursing Department. • Prof. Nidhi Sagar presented her 3rd Annual Ph.D seminar on pilot study analysis on 9th April 2022 under able guidance of Dr. Triza Jiwan. • Prof. Mrs. Nidhi Sagar & Associate Prof. Mrs. Meenakshi coordinated & organized Nursing Education Workshop on Nursing Curriculum on 23/04/2022 by M.Sc (N) 1st Year for B.Sc (N) 4th year Students under able guidance of Dr. Triza Jiwan. • A two days' workshop on "Data Collection Tools" was organized by Department of Nursing Research on 20-21st May 2022, co ordinate by Principal, Dr. Triza Jiwan, Prof. Bindu K, Mr. Kapil Sharma and Mrs. Meenakshi, Associate Professor. Students of M Sc. Nursing 1st year, NPCC 1st year and B.Sc. Nursing 3rd yr attended • A two-day workshop on "Geriatric Nursing-2022" was organized

	<p>by the Department of Medical-Surgical Nursing on 24th and 25th May 2022 co-ordinated by Principal, Dr. Triza Jiwan, Prof. Bindu K and Mrs. Anoopjit Kaur, Assistant Professor. Students of M.Sc. Nursing 1st year, NPCC 2nd year, and B.Sc. Nursing 3rd year attended.</p> <ul style="list-style-type: none"> • Mrs. Sandeep Kaur (Prof.) Mrs. Shailza Sharma (Associate Prof.), guided M.Sc 2nd yr students for organizing one day workshop on “The essence of communication and Documentation in patient care” on 28th May 2022 at CON, DMCH. 29 nurses of DMCH participated in that. • An exhibition and role play on maternal and child health was organized by M.Sc. Nursing OBG and CHN students and B.Sc. Nursing 4th year students at civil hospital Ludhiana on 14/05/2022 under guidance of Prof. Nidhi Sagar and Prof. Sandeep Kaur and Mrs. Savita (Lecturer) CON. • Under Guidance of Dr. Triza Jiwan, Principal, Prof. Nidhi Sagar & Mrs. Meenakshi Associate Prof. Coordinated Workshop on Guidance & Counselling Organized by M.Sc(N) 1st year for B.Sc(N) 2nd year on 26th August 2022. • Prof. Mrs. Sandeep Kaur invited as Resource Person at the Workshop on “Research Methods” on 17th Sept and 18th Sept 2022 by Society of Public Health Educates Research and Empowerment at SMS Govt. College of Nursing Jaipur.
3. Any other special activity	<ul style="list-style-type: none"> • Under the able guidance of Principal Dr. (Mrs.) Triza Jiwan and Coordinator Prof. Mrs. Sandeep Kaur Verka Milk plant visit of B.Sc (N) 2nd year students was conducted on dates 22 Feb to 24 Feb 2022 along with Mrs. Meenakshi, Mrs. Amninder and Mrs. Rinky. • Under the able guidance of Principal Dr. (Mrs.) Triza Jiwan and Prof. Mrs. Sandeep Kaur, Pulse Polio campaign and training of class B.sc Nursing 4th year students was done from dates 25 Feb to 3rd March 2022. • Prof. Nidhi Sagar, Vice Principal has been elected as executive member (Post of Treasurer) of SOMI Punjab chapter on 30th March 2022 • Under the able guidance of Principal Dr.(Mrs.) Triza Jiwan and Prof. Sandeep Kaur along with Associate Prof. Mrs. Meenakshi, Associate Prof. Mrs. Amninder Kaur, Senior Nursing Tutor Mrs. Rinky Masih educational visit to water and sewage plant, Chandigarh was organized for B.Sc Nursing 2nd Year M.Sc Nursing 1st and 2nd Year students of community health nursing dept. on 7th ,8th and 9th March 2022 and similarly educational visit to Verka Milk Plant was also planned for B.Sc (N) 4th year on 15th & 16th March 2022. • World Tuberculosis day was celebrated in UHC, Shimlapuri on 25th March 2022 under the guidance of Prof. Mrs. Sandeep Kaur, Associate Prof. Mrs. Amninder kaur, Senior Nursing Tutor Mrs Rinky Masih, the students of B.sc nursing 2nd year enacted a role play on theme - Invest to end TB, Save Lives. • B.Sc(N) 4th Year Students participated in the Pulse Polio Campaign and training from 25th Feb to 3rd March 2022 along with Prof. Mrs. Sandeep Kaur (HOD Community Health Nsg Dept), Asso. Prof. Mrs. Meenakshi. • Purple day was celebrated to raise the awareness about epilepsy by Medical Surgical Nursing Dept. of DMCH College of Nursing along with Neurology Department on 26th March under the guidance of Principal Dr. Triza Jiwan and Co-ordinated by Prof. Mrs. Bindu K. A role play was demonstrated by B.Sc (N) 3rd Year Students.

- A Health Education Program using posters regarding Do's and Don't of epilepsy was conducted by Medical Surgical Nursing Department along with M.Sc (N) 1st Year (Medical Surgical Nsg) and B.Sc (N) 3rd Year Students on 22nd March 2022 under the guidance of Principal Dr. (Mrs) Triza Jiwan & Mrs. Bindu K, Professor & HOD Medical Surgical Nsg Dept.
- DMCH,CON, Dept. of obst & Gynaecological Nsg organized & conducted an exhibition on Safe Motherhood Day on 12th April'2022 under the able guidance of Dr.(Mrs.) Triza Jiwan Principal CON & Prof. Mrs. Nidhi Sagar, Vice Principal & HOD of obst & Gynaecological Nsg. Associate Prof. Mrs. Mamta, Assist. Prof Mrs. Savita, Assist. Prof Mrs. Neha Singla, Nsg. Tutor Ms. Simranpal, M.Sc (N) & B.Sc (N) students were also part of it.
- Dayanand Medical College & Hospital College of Nursing, Malakpur, Ludhiana Department of Community Health Nursing celebrated World Health Day 2022 under the theme "Our Planet Our Health" by organizing Exhibition cum General Health check up camp for the community visiting at DMCH Rural Health Centre, Pohir Mrs. Meenakshi Associate Professor welcomed the Chief Guest Shri Prem Kumar Gupta, Honorable Secretary, Managing Society DMCH, Dr Ashwani Chaudhary, Medical Superintendent & Head of Neurosurgery department, Prof. Dr Triza Jiwan Principal CON, Prof. Dr. Anurag Chaudhary, Head of Social Preventive Medicine Department, Prof. Dr Mahesh Satija, Dr. Surinder Pal Singh Medical Officer RHC, Pohir, Prof. Nidhi Sagar Vice Principal CON and audience. Professor Mrs Sandeep Kaur unfolded the theme. She said WHO focuses global attention on urgent actions needed to keep humans and planet healthy. Shri Prem Kumar Gupta mentioned this day provides global opportunity to focus attention on important public health issues that affect the international community. Dr Ashwani Chaudhary highlighted the inequities in our world. The talk on topics; impact of climate change on physical health, mental health, food and water were delivered. The students enacted a role play under the guidance of Mrs. Rinky Masih Senior Nursing Tutor & Ms. Shivani Kumari Nursing Tutor. The exhibition was judged and students were awarded with certificates. The Vote of thanks was delivered by Mrs. Amninder kaur Associate Professor on 08th April 2022.
- Nurses week was celebrated from 26th April,2022 to 7th May,2022 at DMCH College of Nursing, Malakpur and various academic and non-academic competitions were organized i.e. Debate & Poetry competition. Poster & Slogan competition. Nail art, Mehendi (Girls), Tie & Turban (Boys) Face painting competition. Dance (Group) competition. Calligraphy, Photography, Sketching & Painting competition and Rangoli competition.
- International Nurse's Day was celebrated on 7th May,2022, oath taking ceremony of 4th years students organized along with unfolding of theme of nurses day and prizes distributed to participants of various activities.
- Child Health Nursing Dept, CON collaboration with Child Health Nursing Department DMCH celebrated World Thalesemia Day on 6th May, 2022 on the theme "Be aware, share, care".
- Dr. Triza Jiwan, Principal, Mrs. Anoopjit Kaur, Assistant Professor, Mrs. Anureet, Nursing Tutor and Mrs. Monika Stephen Nursing Tutor attended Virtual Symposium on International Nurses Day 12th May,2022 on "Theme: A Voice to

Lead-Invest In Nursing and Respect Rights to Secure Global Health” Organized By Department Of Nursing ALL INDIA INSTITUTE OF MEDICAL SCIENCES(AIMS) Bathinda.

- Mrs. Anureet, Nursing Tutor, attended Webinar on theme “Implications of Telepsychiatry during Covid-19” held on 31st May 2021 at National Institute of Nursing Education, PGIMER, Chandigarh.
- Mrs. Sandeep Kaur (Professor), Mrs. Shailza Sharma (Associate Prof.), Mrs Babita (Assistant Prof) and Ms. Jasleen K Brar (Assistant Prof) Attended National Webinar on DISCOVERING STATISTICS THROUGH SPSS, Hands-On Practice on 27th-28th May, 2022 Organized by S.P.H.E College of Nursing.
- Prof. Nidhi Sagar went to conduct practical exam and thesis evaluation of M.Sc (N) OBG students (1st year & 2nd year) at PGI, NINE chd. On 12th and 13th May’2022.
- Prof. Nidhi Sagar Act as Resource person in workshop conducted on “Nursing Research Data Collection Methods” at DMCH CON, LDH on 20th & 21st may ‘2022.
- Prof. Nidhi Sagar went as external examiner for B.Sc & Post Basic Nursing BFUHS, Faridkot.
- World No Tobacco Day was observed on 31st may 2022. DMC&H College of Nursing, Malakpur, under the guidance of Principal Prof. Dr Triza Jiwan, the department of Community Health Nursing celebrated the World No Tobacco Day on the theme “Tobacco : Threat to Our Planet.” The students of B.Sc nursing final year participated in poster and slogan writing competition under the supervision of Professor Sandeep Kaur HOD community health nursing department, Mrs. Meenakshi, Mrs. Amninder kaur and Mrs. Rinky Masih. The events were judged by Mrs. Bindu K, Mrs. Sumeet, Mrs. Mamta, Mr. Kapil Sharma. The winners were facilitated with certificates.
- Ms. Jyoti Sharma, Nsg Tutor Attended webinar on topic -nurses a voice to lead -invest in nursing and respect rights to secure global health organized by AIIMS Deoghar and SFNP on 12th May 2022.
- Anoopjit Kaur (Asst.Prof), Mrs. Neha Singla (Asst. Prof) and Ms. Jasleen Kaur Brar (Asst. Prof) attended Faculty Development Program on Research Methodology & Data Analysis: Building Effective Research Skills organized on 6th June 2022 to 11th June 2022 by Chitkara University.
- Under the able guidance of Principal Dr. (Mrs.) Triza Jiwan and Coordinator Prof Sandeep Kaur, Ms. Shivani (Nsg Tutor) B.sc Nursing 4th year students participated in National Pulse Polio campaign from 19th June to 23rd June 2022.
- Mrs. Monika Stephen (Nursing Tutor) attended international conference on “Role of Yogic Practices & Indian Traditional Concept on Health & Wellness “organized by NIMS Nursing College, NIMS University Rajasthan Jaipur on 20-22nd July 2022.
- An Educational Visit for students of BEE ENN College of Nursing, Jammu was planned and Coordinated by Prof. Nidhi Sagar, Vice Principal under Guidance of Dr. Triza Jiwan, Principal on 25th August 2022.
- World suicide Prevention Day was celebrated on 10th September at Medical OPD DMCH Poster competition and Role play on suicide prevention presented by B.sc Nsg 3rd year under guidance of Prof. Dr. Mrs. Triza Jiwan Principal Mrs. Shailza Sharma Associate professor, Ms. Jasleen Kaur Assistant Professor, Mrs. Anureet and Mrs. Monika Stephen Nursing Tutor

	<p>were also present.</p> <ul style="list-style-type: none"> • A quiz competition was conducted by medical Surgical Nursing Department for B.Sc (N) 3rd year students on 23rd Sept 2022 in DMCH College of Nursing, Malakpur, Ludhiana. • A quiz competition was conducted by Nursing Research Department on Nursing Research and Statistics for B.Sc (N) 3rd year students in coordination with M.Sc (N) 1st students on 27th Sept 2022 in DMCH College of Nursing, Malakpur, Ludhiana. • Mrs. Bindu K Professor has delivered a lecture on Quantitative Data Analysis in a workshop on Research Methods organized by society of Public Health Education Research and Empowerment (SPHERE) on 18th September 2022 at Jaipur Rajasthan. • World Heart Day was celebrated on 29th September 2022 at Baba Sangat Singhji Gurudhwara, Malakpur, Ludhiana. A Health check up, health Awareness and yoga session was Conducted by Medical Surgical Nursing Department along with M.Sc(N) and B.Sc(N) 2nd year students under the guidance of Dr.(Mrs.) Triza Jiwan, Principal and coordinated by Mrs. Bindu k, Professor.
1. Prizes/ awards won/ Honors Achieved	<ul style="list-style-type: none"> • Associate Prof. Mrs. Meenakshi presented in research paper presentation on topic "Myths and Perception regarding COVID-19 among adults in urban area of Ludhiana. • Anoopjit Kaur (Asst. Prof) got 2nd position in Building effective research skills- FDP Quiz on 11th June, 2022 organized by Chitkara University, Himachal Pradesh. • A talent show was organized for Bsc (N) 1st Semester students on 22nd September in DMCH College of Nursing, Malakpur, Ludhiana under the guidance of Dr. (Mrs.) Triza Jiwan & Coordinated by Mrs. Mamta Associate Professor and Mrs. Anureet Kaur Nursing Tutor.
2. Any other special achievement	
3. Special training received (specify sponsorship)	
4. Overseas academic activity / presentation (Specify sponsorship)	
5. Guest lecturers / Talks delivered	
a) National	<ul style="list-style-type: none"> • Dr. (Mrs.) Triza Jiwan, Principal was invited to chair the three sessions of national level webinar on 18th may i.e Role of Forensic mental health nurse in substance misuse and sexual offending and forensic Psychiatry organised by Chitkara University, Punjab.
b) Regional	
6. Publication	
a) International Journal	<ul style="list-style-type: none"> • Priya, Sunita, Anoopjit Kaur, Dr. Abhishek Goyal. Association of renal dysfunction with cardiovascular outcomes among patients with acute myocardial infarction in a selected tertiary care hospital, published in International Journal of Current Research. 2022. 14, (09) 22267-22277.
b) National journals	
c) Other publication	<ul style="list-style-type: none"> • An article published by Navpreet Kaur, Monika Sharma, Anoopjit Kaur and Dr. Vikas Makkar on "Effectiveness of intradialytic leg ergometry exercise on fatigue and physiological parameters among patients undergoing hemodialysis", In International Journal of Development Research, 12, (02), 53709-13.
7. Scientific papers presented	

8. Others (Sessions chaired, etc.)	
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**Principal
DMCH College of Nursing**